Rature punishes every infraction of ber laws, and careless habits easily look to the condition described by Mr. William Browne, of No. 1019 Lincoln street, St. Joseph, Mo. Mr. Browne is an expert timer in the employ of the Mational Blacuit Co. He gives the following account of a trying experience:

"In the spring of 1902," he mays, "while I was regularly working at my trade, I grew somewhat careless in my habits of eating and drinking, and finally found that my appetite was fickle, a bad taste lingered in my mouth, my hervest withered and were beyond my control, my kidneys were not of order and olid awasts would break out over my body as old times. Pechaps, while I stood talking with some one, this trembling of the imbs, and profuse securiting and a severe citil would seize me. I became alarmed at my condition and, baving read an endorsement of Dr. Williams Pink Pills, I got a box and began to use them. They helped me at once. After I had used one bot the twitching of the nerves, the trouble with the stomach and the cold aweats sopped and have not reappeared, and my appetite is good. I have told all my friends that Dr. Williams Pink Pills cared Mr. Browne because nothing can strengthen the nerves except good rich, red bloodmad Dr. Williams Pink Pills cared Mr. Browne because nothing can strengthen the nerves care properly wake new blood. They don't act on the bowels. They don't not be town disorders, general weakness and the troubles of proving girls and women. The pills are guaranteed to be free from optates or harmful drugs. Sold by all drugstess, or by the Dr. Williams Medicane Company, Schenectady, K. Y.

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#### MEDICAL MENTION.

Bola in a two percent solution, is recommended by Prof. Esmarch, of Gottinana as the best means of disinfecting cating utensils.

Twenty five per cent, of the students at Phitama's university are women; but only half of these pass the examinations. Those that do are mostly in the medical department.

Headanie and other ills of over. Crowdel recents are found by Dr. Paul, of directal upon the body, even 15 per cent. of carbon dioxide doing no harm in a regulated temperament.

Someoforme is the name of a new anesthelic tested at the hordeaux school, Paris, which, when properly administered, is said to leave no after effects. It is composed of chloride of each;

Three human lungs—one white, no

Three human longs-one white, one black and one gray-form an instructive exhibit in an Edinburgh maceum. The first came from an Eskimo, who breathed the pure air of the arctic regions, the second, from a coal numer, who inhaled much coal dust, the third, from a town dweller, keep in city dust and smoke.

Some of the leading Italian physicians have held for some time that foline, properly transformed, could be mised as a cure for tuberculosts. Prof. Levi. of Milan, helieves he has discovered. ered the most suitable process for using it but he refuses to make any positive statement until he has ac-cumulated more proof of the efficacy of his method.

### SOME WHY DON'T YOU'S.

Why don't you take more pains to e self-sacrificing? Time is rapidly

Why don't you send away that lit-tle gift you have been planning to send? Mere kind intentions never ac-complish any good. Why don't you speak out the encour-

Why don't you speak out the encournging words that you have in your
thoughts? Unless you express them
they are of no use to others.

Why don't you make the promised
vlait to that invalid? She is looking
for you day after day, and "hope deferred maketh the heart sick."

Why don't you answer your friend's
letter at once? It will have a double
value if written promptly, and will
take no more time than by and by.

Why don't you create around you

Why don't you create around you an etimosphere of happiness and helm-fulness, so that all who come is touch with you may be made better? Is not this possible?

## NOTICED IT.

# A Young Lady from New Jersey Put Her Wits to Work.

"Coffee gave me terrible spells of in-digestion, which, coming on every week or so, made my life wretched undigestion, which, coming on every week or so, made my life wretched under a some one told me that the coffee I drank was to blame. That seemed housenese, but I noticed these attacks assed to come on shortly after eating, and were accompanied by such exerciating pains in the pit of the stomach that I could only find relief by loosening my clothing and lying down. "If circumstances made it impossible for me to lie down, I spent hours its great minery.

"I refused to really bolieve it was the coffee until finally I thought a trial would at least do no harm, so I quit coffee in 1991 and began on Postum. My troubles left entirely and convinced me of the cause.

"Postum krought no discomfort, nor did indigestion follow its use. I have had no return of the trouble since I began to drink Postum. It has built the up, restored my health and given me a new interest in life. It certainly is a foy to be well again." Name viven by Postum Co., Battle Greek, Maich.

R. sa the Hiffe book "The Roaf te Wallylike, in each oke."

Rest the little book. "The Road to Wellville, in each pkg.



the Chicago Strike.

to Mear About Cassile Chadwick and the Chicago Strike.

BY HON OECOROR W. FECK.

En-Governor of Wisconsin, Formerly Ralice of "Fecks Sun., Author of Pecks epiration, which was so noticeable that the inspectors piped him off at once.



ABOUT FORTY YARDS OF AROUND HIS STOMACH,

him, pointed to the statue of Liberty and said:

"My son, look at that female with the torch. That torch says all are welcome to come to this country who are honest and willing to help bear the burdens of our government, but to the diabonest man that torch means that he is not welcome. Be honest, my boy, if you don't lay up a cent. An honest man is the noblest work of God," and dad rolled up his eyes like Dowle, and said: "Peace be unto you," and then the inspector asked me if dad had any goods on him that he had't paid duty on, and I told him he could search me, and that all i knew was that dad had used extra all i knew was that dad had used extra that he had to wind about 40 yards of lace around his atomach, which had been troubling him since he had a touch of cholera at Havana; and dad looked at me as though he would like to electrocute nac for telling the truth.

The man told dad to peel off his outside garments, and when he come to the lace and began to unravel it from dad, dad was more comfortable, cause his clothes didn't fit so quick. When they had got the lace off, and the gloves, dad looked hurt, and said: "The Lord giveth and the Lord taketh away," and the man said it would cont \$10 dollars one, and dad paid it, and they kept the lace. And when the inspectors left dad and bogan to search a fat woman, he took hie to one side and said: "You show the limits of the line of the lace is the poorest langment in talliar the show the poorest langment in the langment in talliar the show the poorest langment in the langment in talliar the show the poorest langment in the langment in the

can, and dan paid it, and they spet the lace. And when the inspectors left dad and began to search a fat woman, he took me to one side and said: "You show the poorest judgment in telling the truth of any boy I ever met. Don't you remember the verse in the Hible which says: "The truth should not be spoken at all times," and then he was going to give me a swift kick, when I told him to be careful or the diamond ring he had in the toe of his shoe would cut a hole in the leather, and be lost, and he let up on kicking me, and finally we got off the boat and went to a hotel, and dad lectured me on the subject of common sense. He said a boy that hadn't common sense enough to prevent him from talking when he ought to keep still, and giving away family secrets, would bring his father's gray hairs in sorrow to the grave. I am going to try to lead a different life from this out.

Well, sir, you don't realize the changes that have taken place in our beloved country since we left, almost a year ago. We have been reading the back numbers of the newspapers to find out what has happened since we left, cause you never hear anything in Europe about what tappens in America, unless a president

went. And now she is in jail, her house and furnitare gone, and a horse doctor has taken her horses for medical attendance when they had spavins and episodic, and she looks 20 years older because the jailors won't let her have any face cream to disguise herself with. Let this be a lesson to you, Hennery, never to forge the name of any man, poor or rich, to notes for \$5,000,000."

I told him I would never forge any-body's name to more than a reasonable



OF JOY AT PIPTEEN DOLLARS
A BOTTLE

amount, cause I was no hog. "What you crying about," said I, as dad broke down and wept. "Oh I was thinking of poor Andrew Carnegle; the dear old poor Andrew Carnegie; the dear old case of Scotch whisky and Quaker oats," said dad, as he wiped his eyes and read more about the Chadwick case. "Here, this woman charges that Carnegie was her father, and gave up the notes to square himself with his accidental daughter, so she wouldn't squeat on him, and queer him with the library beg-

and queer him with the library beg-gars, who might refuse to take his tainted money." "It is too bad about Andrew," says I to dad, "but don't you remember what a wink he had to his left eye, that time

a wink he had to his left eye that time we saw him, even in his old age?"
"Well, that woman is so gentleman, or she never would have told on An-drew," said dad and he dried his eyes and looked at another paper, and told me to hush, and he kept or reading, and finally he said:
"Well, if that wouldn't skin you," and he nut his hand to he had a said.

Well, if that wouldn't skin you," and he put his hand to his head, and sighed an though his heart would break.

"What is it, dad "out with it, cause we might as well know the worst. Has Chauncey Depew attended another banquet, and told that old chestnut about..."

"Oh Henners It is worst that that

Chainney Depw attended another banquet, and told that old chestnut about—"

"Oh, Hennery, it is worse than that, if possible," said dad. "Lookahere, a church organization has refused to take a hundren thousand dollar gift from Rockefeller, for use in the missionary business, because they believe John came by his money dishonestly, robbing independent refuseries of kerosene, and John is hearthroken for fear all the religious and educational grafters will boycott him, and refuse to take his money, and it will accumulate on his hands until it roins him. By ginger, that is hard on John," continued dad, as he kept on reading.

"Oh, don't you worry about Rockefeller," said I to dad. "He has only accumulated a billion dollars, and his son has not got say yet. A rich man can always get rid of his money, in one of three ways; by paying taxes, starting a newspaper or leiting his son get gay, Rockefeller's young man has been kept in Sunday school until he is full of texts and parables, and hymns, and he is about due to get a skin full of the water of joy, at \$15 a bottle, and give a dinner to the chorus of an opera, and when that



THE CHICAGO TEAMSTERS ARE ON time comes, and the youngster's back teeth are afioni, and he sees double, an d begins to realize that he is the greatest case of 'it' in the English language, and the chief chorus girl comes and sits on the arm of his chair and leans over so she is almost all in his arms, and her two blue eyes look to him like the showcase in a glass eye store, and her breath comes in short pants, close to his ear, and she puts her soft, manicured, veal sweethread hand on his fevered brow, and strokes his hair away from the forehead that is beginning to sche from mixing the canvass back and budge, terrapin and champagany water, and tellshim he is too good a thing to be bossing a Sunday school, he will look cross-eyed from trouble in his

stomach, and tell her he wife meet her at the stage door the next night with an automobile with her own monegram on the side entranceyes, when it comes to that old John will sever flad any trouble is putting the taintad billion into circulation. Eth, dad, don't you think so?" says i, and dad said he guessed that would be the only salvation for poor old, baid-headed John, with the odor of kercesse on his bank account.

But here's something that will make you stand without hitching, and I want to get to Chicago by the first train," said dad, as he turned over the paper and looked at the headlines.

"What's the matter in Chicago, dad?" says I. "Has Carter Harrison been elected again when he was not looking?" "Oh, more fin than that," said dad. "What do you think, the Chicago teamsters are on a strike, and they have blocked traffic, and there is a fair chance that the people who are not killed with bricks will be starved to death, cause they are going to put a stop to delivering meat, groceries and milk. Gee, wouldn't I like to be there with a window looking out on State street," and dad fairly heamed with joy at the thought of blood-shed.

Well, when was there a time when the Chicago teamsters were not on a strike?" said I to dad. "They are the most sympathetic people on earth. What are they striking for now?"

"Oh, some girls that see overalls are on a strike, and they can't seem to win, so the teamsters have struck in sympathy with them, and the business of four million people is knocked gally west," said dad.

"Well, I guess they better let the teamsters stay out cause if they go back to work there!!" he a strike of some strike to work there!!

inside a guessed that would be garden on with the color of accessed on the count of the count of

Here's something you wouldn't be-lieve, "says dad, picking up another pa-per. "Roosevelt is elected again, and is off in the mountains for two months, shooting jack rabbits and bears, and let-ting public business go to the dogs, but he has heard of the Chicago atrike and a banquet in that town, and he is go-ing to the banquet, and see if his pres-ence will not make the strikers forget to fight, and you want to plug berths for the train to-night, cause I have got to see Roosevelt and report to him about what we did for him in Turkey and Exppt," and dad begun to pack up the things the custom house officers didn't find on him. And so, old man, it won't be long be-fore you will see me in your old grocery

And so, old man, it won't be long before you will see me in your old grocery
and I will tell you thims that will make
the Arabian Nights seem like an account of a church sociable. If I were in
your place I would get a detective to
protect you for I have got so I am liable
to shost a man on sight, and rob him of
all he holds dear. Ser. so on, and open
the windows, and put on that clean shirt
you have been holding for such an ocyou have been holding for such an oc-casion, for "behold, the prodignt son is on your trail" with a real appetite. casion for "behave, casion for "behave, on your trail" with a real appearance Yours, HENNERY,

### STUDENT GUESSES POORLY

Man Who Acted Rational Was Insane While Loud Friend Was a Far-Famed Author.

A student once asked the French alienist Esquirol if there were any sure tests by which to tell the same from the insane. "Please dine with me to morrow at six o'clock," was the answer of the savant. The student accepted the invitation, and found two other guests present one of whom was elegantly dressed and apparently highly educated, while the other was rather uncouth, noisy, and extremely conceited. After dinner the pupil rose to take leave, and as he shook hands with his teacher he remarked: "The problem is very simple after all; the quiet, well-dressed gentleman is certainly distinguished in some lines, but the other is as certainly a luniatic and ought to be looked up." You are wrong, my friend," replied Esquirol, with a smile. "That quiet, well-dressed man who talks so rationally has for years labored under the delusion that he is God, the Father, whereas the other man, whose exuberance and self-conceit have surprised you, is M. Honore de Balzac, the greatest French writer of the day."

in burrowing his tunnels the mole seems to swim through the earth rather than to dig his way. Although much of the earth is never removed from the runs, but is beaten hard into the walls and floor of the tunnel, the creature finds it more expeditious in busy times to clear the runs of loose earth. This hadoes at a point where the run comes to the surface by pushing the earth beforehim with his flat forehead and face. Sometimes, where the earth binds easily, he pushes out the mold in solid round plugs, showing the exact dimensions of the orifice through which they have been thrust. When the mole is hunting or traveling underground he has no need to throw up the earth. This is a subsequent operation for the purpose of cleaning the runs for regular use.

A Prejudiced Opinion.
"Suppose the government insists on fixing rallway rates?"

"Well," answered Mr. Dustin Star,
"Re'll be a hard job. Under the present
system th stockholders are content,
if the government takes a hand neither
the stockholders nor the public will be
satisfied."—Washington Star.

ABOUT THE RAIN CURE.

Considered Highly Seasoficial for Prosons Afflicted with Nervous
Trouble or with Colds.

The rain cure is now being tried by
a number of persons in this city
whenever opportunity is offered for
taking the treatment. Some of those
who have taken it say that it is a
panacea for all chronic diseases as
well as many of the lesser lile of the
body.

lot. After disrobing in the barn he went into the lot and let the rain fall upon his bare body.

The experiment was a success. The one treatment cured his cold. Since then he never misses taking the rain cure when at home during a rain. He has perfect health.

He related his experience to some of his friends, and the fad, if such it can be called, has apread rapidly. It is recommended that weak persons who take the treatment should not remain in the rain too long at a time and that a visorous rubbing should follow the wetting.

It is the theory of those who have taken the treatment that its efficacy lies in the fact that the rainfrops contain peculiar medicinal properties and that, coming through the air as they do, they are charged with electricity, which has a direct effect upon the body. Physicians who have been questioned on the subject say that the treatment may have merits in its application to certain like.—N. Y. Sun. treatment may have merits in its application to certain ills.-N. Y. Sun.

### THE HOME DOCTOR.

If you need to drink hot water, pour it from one jug to another a few times. This will aerate it, and remove the flat, insipid taste so objectionable to most persons.

Camphor is very useful to freshen the air of a sick room. Put a piece on an old sauer, and on it lay the point of a red-hot poker, when its fume will quickly sil the room.

A glass of water drunk half as

A class of water drunk half an hour before each meal and just before retiring will frequently regulate the bowds, so those troubled with consti-pation will be all right.

pation will be all right.

Walmits, butternuts, almonds and spanish peanuts are full of oils and au triment. They are much more sustaining than meats and easily digested if thoroughly masticated.

Many argue that flowers should be kept away from sick rooms, lest they exhaust the air, etc. That is true with certain flowers, such as lillies and liliacs, but a few roses, mignonette or violets will prove to be most refreshing and reviving to weary eyes and depressed spirits—which is the real ministry of flowers.

When one has the measles, generally very little treatment is necessary

the Balenc, the greatest French writer of he day."

Mole and His Habits.

In burrowing his tunnels the mole come to wim through the acute stage. The patient should drink large quantities of water and should be given a colon flushing at the case once every day. ac east once every day. If the crup-tion is slow to appear, or if it is re-pelled after once appearing give a warm blanket pack. Temperature may be controlled by tepld sponging of the body.—Good Literature.

An "Old-Time" Corner.

What is called the 'old-time corner.'

a Brooklyn home, consists of a
shelf at the end of the living room,
embroidered by the great-greatgrammother of the family in a design of parrots on the wing. Fearfully and wonderfully made are these
hirds; their faded greens and reds and
grotesque anatomy are very decorative.
On the shelf, the oldest pieces of china
in the house and other heiricoms are
assembled. essembled.

Peppermint Drops.

Boil one and one-fourth pounds of sugar with a pint of water; add three drops of oil of peppermint, and after five minutes remove the mixture from the fire and attr until it turns white, when it must be quickly poured out on buttered tine.

A DESPAIRING WOMAN.

Fonk, Horross and Wretched from Wast

Mrs. Henry A. Henmer, Main and, hard directs, South Bend, Ind., says: "When I began asing Board Kod-ney Pills I was se

"Thank fortune," said the assumed bootler, forcently, "the technically is mighter thus the "pen!" -St. | ... | ... |

W. L. DOUGLAS



ANY SYNCH MARKS AND POTENT OF THAN STORY OF THE ST

we that the discount of the same that the sa

Kemp's Balsam

Will stop any cough that can be stopped by any

medicine and cure coughs
that cannot be cured by any
other medicine.

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cough cure. You cannot
atlord to take chances on
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grip, asthma and consumption in first stages.



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